### Health Care Proxy

	hereby appoint						
	(name, home address and telephone number)						
	as my health care agent to make any and all health care decisions for me, except to the extent that I state otherwise. This proxy shall take effect when and if I become unable to make my own health care decisions.						
	Optional instuctions: I direct my proxy to make health care decisions in accord with my wishes and limitations as stated below, or as he or she otherwise knows. (Attach additional pages if necessary)						
	(Unless your agent knows your wishes about artificual nutrition and hydration (feeding tubes), your agent will not be allowed to make decisions about artificial nutrition and hydration. See instructions on reverse for samples of langiage you could use.)						
)	Name of substitute or fill-in proxy if the person I appoint above is unable, unwilling or unavailable to act as my health care agent.						
	(name, home address and telephone number)						
.)	Unless I revoke it, this proxy shall remain in effect indefinitely, or until the date or conditions stated below. This proxy shall expire (specific date or conditions, if desired):						
• \	O'mahara						
5)	Signature						
	Address Date						
	·						
	Statement by Witnesses (must be 18 or older)						
	I declare that the person who signed this document is personally known to me and appears to be of sound mind and acting of his or her own free will. He or she signed (or asked another to sign for him or her) this document in my presence.						
	Witness 1						
	Address						
	Witness 2						

## State of New York Department of Health

# Nonhospital Order Not to Resuscitate (DNR Order)

Person's Name					
Date of Birth//					
Do not resuscitate the person named above.					
Physician's Signature					
Print Name					
License Number					
Date / /					

It is the responsibility of the physician to determine, at least every 90 days, whether this order continues to be appropriate, and to indicate this by a note in the person's medical chart. The issuance of a new form is NOT required, and under the law this order should be considered valid unless it is known that it has been revoked. This order remains valid and must be followed, even if it has not been reviewed within the 90-day period.

DOH-3474 (04/09)



Society for the Right to Die

250 West 57th Street/New York, NY 10107

## New York Living Will

This Living Will has been prepared to conform to the law in the State of New York, as set forth in the case of In re Westchester County Medical Center, 72 N.Y.2d 517 (1988). In that case the Court approved the use of a Living Will, stating that the "ideal situation is one in which the patient's wishes were expressed in some form of writing, perhaps a 'living will,'"

#### INSTRUCTIONS:

This is an important legal document. It sets forth your directions regarding medical treatment. You have the right to refuse treatment you do not want, and you may request the care you do want. You may make changes in any of these directions, or add to them, to conform them to your personal wishes.

I,						, being	of	sound	mind,
	statement								
unable to	participate	in d	ecisions r	egardi	ng my m	edical ca	re. '	These i	nstruc-
tions refle	ect my firm	and	settled c	ommi	tment to	decline	med	ical tre	atment
under the	circumstan	ces in	ndicated l	elow:					

I direct my attending physician to withhold or withdraw treatment that serves only to prolong the process of my dying, if I should be in an incurable or irreversible mental or physical condition with no reasonable expectation of recovery.

These instructions apply if I am a) in a terminal condition; b) permanently unconscious; or c) if I am conscious but have irreversible brain damage and will never regain the ability to make decisions and express my wishes.

I direct that treatment be limited to measures to keep me comfortable and to relieve pain, including any pain that might occur by withholding or withdrawing treatment.

While I understand that I am not legally required to be specific about future treatments, if I am in the condition(s) described above I feel especially strongly about the following forms of treatment:

I do not want cardiac resuscitation.

I do not want mechanical respiration.

I do not want tube feeding.

I do not want antibiotics.

I do want maximum pain relief.

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Other directions (insert personal instructions):					
These directions express my legal right to refuse treatment, under the law of New York. I intend my instructions to be carried out, unless I have rescinded them in a new writing or by clearly indicating that I have changed my mind.					
Signed: Date:					

Sign and date here in the presence of two adult witnesses, who should also sign.

	Address:	
Witness		

Keep the signed original with your personal papers at home. Give copies of the signed original to your doctor, family, lawyer and others who might be implied.